

BANANA NUT BLAST

Your choice of Milk, Natural Peanut Butter & Potassium-Rich Banana blended with 40g Vanilla Whey Protein

NUTTY
PEANUT BUTTER

MILK

BANANA

PROTEIN

PROMOTES STRONG
IMMUNITY

PACKED WITH
POTASSIUM



“BANANA NUT BLAST”

6 OZ CHOICE OF MILK
12 FREEZE DRIED BANANA PIECES
(OR 1 WHOLE FRESH BANANA)
1 SCP NATURAL PEANUT BUTTER
2 SCPS VANILLA WHEY PROTEIN
12 OZ ICE

Nutrition Facts	
Serving Size 20 fl. oz. (591 ml)	
Servings Per Container	
Amount Per Serving	
Calories 570	Calories from Fat 170
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% Daily Value*	
Total Fat 19g	29%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 80mg	3%
Total Carbohydrate 51g	17%
Dietary Fiber 6g	24%
Sugars 24g	
Protein 55g	
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Vitamin A 8%	• Vitamin C 15%
Calcium 25%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	