

BERRY, BERRY GOOD

Boost your Immune system while receiving essential Vitamins and Nutrients to combat the day!

PACKED WITH
ANTIOXIDANTS

RASPBERRIES

BLACKBERRIES

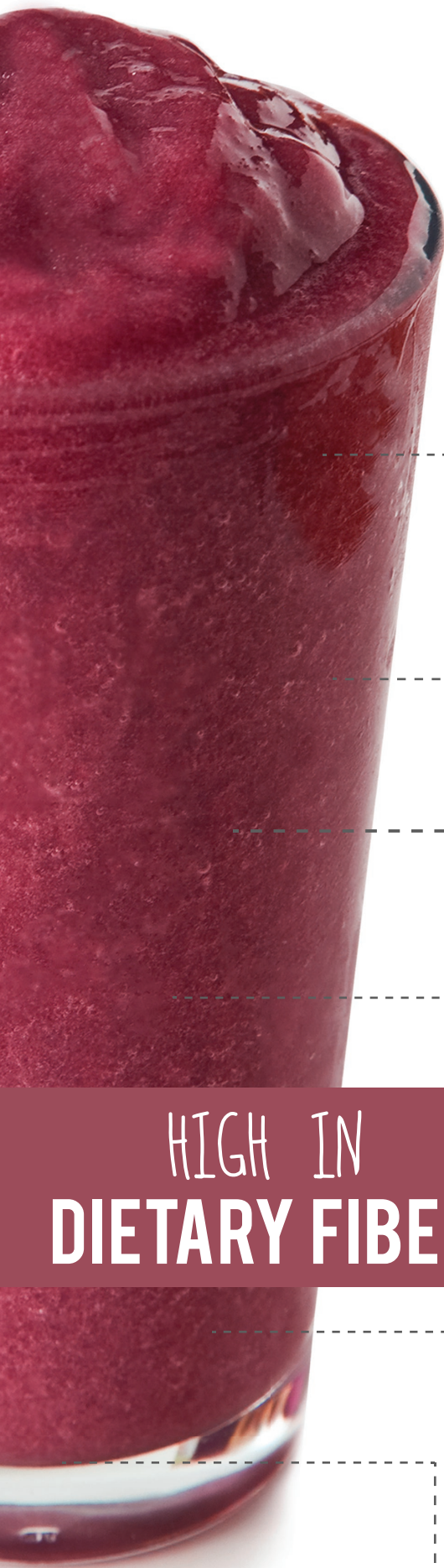
STRAWBERRIES

BLUEBERRIES

HIGH IN
DIETARY FIBER

BANANA

PROTEIN



“BERRY, BERRY GOOD”

6 OZ DR. SMOOTHIE FIYR BERRY BLEND
4 FREEZE DRIED BANANA PIECES
1 SCP VANILLA WHEY PROTEIN
12 OZ ICE
1 SCP BLUEBERRIES (PULSE IN END)

Nutrition Facts	
Serving Size 20 fl. oz. (591 ml)	
Servings Per Container	
Amount Per Serving	
Calories 350	Calories from Fat 15
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 64g	21%
Dietary Fiber 3g	12%
Sugars 52g	
Protein 21g	
Vitamin A 2%	• Vitamin C 35%
Calcium 4%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	