CHOCOLATE FROSTY

Your choice of Milk blended with Rich, Creamy Chocolate & 40g Chocolate Whey Protein. This Shake will Satisfy any Chocoholic!

EXCELLENT SOURCE OF CALCIUM

MILK

-CHOCOLATE

PROTEIN

POWERFUL
ANTIOXIDANTS



"CHOCOLATE FROSTY"

6 OZ CHOICE OF MILK

1 SCP **CHOCOHOLIC'S CHOICE**

CHOCOLATE WHEY PROTEIN 2 SCPS

12 OZ ICE

Nutrition Facts

Serving Size 20 fl. oz. (591 ml) Servings Per Container

Amount Per Serving

Calories 420	Calories	from Fat 50
		% Daily Value*
Total Fat 6g		9%
Saturated Fat 2.5g		13%
Trans Fat 0g		
Cholesterol 5mg		2%
Sodium 250mg		10%
Total Carbohydrate 47g		16%
Dietary Fiber 2g		8%
Sugars 29g		
D4-! 40a		

Protein 48g

Vitamin A 8%	Vitamin C 0%
Calcium 25%	 Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

		_,	-,
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydra	ate	300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4