

ORGANIC COOKIE CRUNCH

Your choice of Milk, Low-Fat Vanilla Cream & Organic Sandwich Cookies blended with 30g Vanilla Whey Protein



VANILLA CREAM

MILK

PROTEIN

ORGANIC
SANDWICH COOKIES

RICH IN
ANTIOXIDANTS

HELPS MAINTAIN
HEALTHY WEIGHT



“ORGANIC COOKIE CRUNCH”

6 OZ CHOICE OF MILK
1/2 SCP VANILLA CREAM
(OR YOGURT LOVER'S CHOICE)
1 1/2 SCPS VANILLA WHEY PROTEIN
12 OZ ICE
2 ORGANIC SANDWICH COOKIES (PULSE IN AT END)

Nutrition Facts	
Serving Size 20 fl. oz. (591 ml)	
Servings Per Container	
Amount Per Serving	
Calories 410	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 180mg	8%
Total Carbohydrate 47g	16%
Dietary Fiber 1g	4%
Sugars 28g	
Protein 37g	
Vitamin A 8%	• Vitamin C 0%
Calcium 25%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	