

STRAWBERRY SLAM

Strawberries, Strawberries & more Strawberries
blended with Banana & 20g Vanilla Whey Protein

PACKED WITH
ANTIOXIDANTS

CRUSHED
STRAWBERRIES

BANANAS

WHOLE
STRAWBERRIES

PROTEIN

EXCELLENT SOURCE OF
VITAMIN C



“STRAWBERRY SLAM”

- 6 OZ DR. SMOOTHIE STRAWBERRY PUREE/WATER MIX
- 4 FREEZE DRIED BANANA PIECES
- 1/4 TSP LEMON EXTRACT OR FREEZE DRIED LEMON (OPTIONAL)
- 1 SCP VANILLA WHEY PROTEIN
- 12 OZ ICE
- 3-4 STRAWBERRIES (PULSE IN THE END)

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories 350		Calories from Fat 15	
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		% Daily Value*	
Total Fat 2g			3%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 15mg			1%
Total Carbohydrate 63g			21%
Dietary Fiber 4g			16%
Sugars 51g			
Protein 21g			
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Vitamin A 2%		Vitamin C 100%	
Calcium 4%		Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			